

# Isabella, the Inchworm of Service

The Girl Scout slogan “Do a good turn daily” in its simplest translation means that each girl will do something to help someone every day; however, this slogan will hold much more significance for each girl who becomes a Girl Scout. Encompassed in that slogan is the value of service and the belief that there is merit in offering your own self and resources to others. It is not until girls have the opportunity to experience the excitement that comes when they give of themselves that the real meaning is learned.

Therefore, we have brought back the popular Inchworm of Service program (Isabella Inchworm). Girls earn segments by participating in council identified service projects and by tracking their individual hours of service.

Girls may earn the Isabella Inchworm head based on total hours of service performed outside of Inchworm segment projects. To be counted, all Inchworm hours need not be done in a troop/group. Inchworm hours may be earned for a wide range of service; however, hours cannot be counted if they have been applied to another badge, journey, or award. Featured below is a sample list of what acts of service are eligible for Inchworm hours. Please note that girls cannot double-dip hours. The time spent on another Inchworm segment piece cannot also be counted toward the Isabella head patch.

## Allowable Service Hours

- Rake leaves at a meeting place
- Volunteering at an animal shelter
- Helping as a Program Aide (PA hours must be met prior to assisting)
- Plant a garden for a senior citizen
- Put on a play for nursing home residents
- Collect food for emergency shelters

## Unallowable Service Hours

- Participation in a council highest award opportunity
- Household chores as a part of family life
- Attendance at a troop/group meeting
- Participation in product sales
- Activities that have been identified or approved as money-earning activities

# Isabella, the Inchworm of Service

The Isabella Inchworm head piece patch is cumulative across Girl Scout years and projects. To be eligible to wear the Inchworm head piece patch, a girl must earn the head as follows:



Daisy	3 hours
Brownie	5 hours
Junior	8 hours
Cadette	12 hours
Senior	15 hours
Ambassador	15 hours

The Isabella head can be earned in any number of ways, as long as the project is girl-led and supports the Girl Scout mission.

## Inchworm of Service *Frequently Asked Questions*

**Q: How does a Girl Scout obtain the head for Isabella Inchworm?**

**A:** Any parent/guardian may purchase the head after the girl has completed the necessary number of hours. For example, a Brownie must complete 5 hours of community service prior to earning the Isabella head.

**Q: I have more than one girl, so may we get more than one head at a time?**

**A:** Yes, as long as each girl has completed the required number of hours for her age level.

**Q: Will there be more council-identified segment projects?**

**A:** Yes, the promoted segment projects will change due to patch availability. There are future projects with patch segments that have yet to be released.

**Q: What is Isabella Inchworm?**

**A:** This is a refurbished patch program that originated in the late 1990's-early 2000's. We hope that by relaunching this program, girls will embrace the lifelong Girl Scout mission to help others and make the world a better place.

# Inchworm of Service

## Participation Report

*To be turned in when purchasing at your local Girl Scout Service Centers.  
Complete this form as individual girl or troop/group.*

Girl Name \_\_\_\_\_ Age Level \_\_\_\_\_

Troop/Group # \_\_\_\_\_ Service Unit \_\_\_\_\_

Guardian Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

No. of Isabella project segments \_\_\_\_\_ x \$2.00 = \$ \_\_\_\_\_

No. of Isabella Head \_\_\_\_\_ x \$5.00 = \$ \_\_\_\_\_

Total number of hours (add each girl's hours) \_\_\_\_\_

List Project(s)	Contact Person Phone # / Email Address	Date(s) of Project	Total Hours

# Inchworm of Service

## Patch Program Evaluation

Troop \_\_\_\_\_ Service Unit \_\_\_\_\_ Age Level \_\_\_\_\_

Troop Leader/IRG Mentor's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_

Preferred Phone \_\_\_\_\_ Email \_\_\_\_\_

\_\_\_\_\_ amount of girls worked on and completed the GSKWR Isabella, Inchworm of Service Patch Program.

**Please complete the following evaluation with responses from the girl(s).**

1. Why did you choose this program? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. How much did you spend on it? \_\_\_\_\_
3. What outside resources did you use? (People, facilities, equipment, etc.) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. What part did you like best? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. What is something you learned while doing this project? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
6. How did the adults feel about this program? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please return this form along with the participation report to:**

Girl Scouts of Kentucky's Wilderness Road

ATTN: Programming Department

495 Erlanger Rd, Suite 102

Erlanger, KY 41018

OR via email to [asafran@gswrc.org](mailto:asafran@gswrc.org)

Forms can also be submitted in-person to your local Girl Scouts of Kentucky's Wilderness Road Council shop.

# Inchworm of Service

## Eligible Service Project Opportunities

There are so many ways for your girl to earn an Inchworm of Service patch! By pursuing community service projects and accumulating hours, girls can earn the Isabella Inchworm head patch. The hours that girls put toward the head patch cannot overlap with time spent on special patch service project opportunities.

Listed below are several Girl Scouts of Kentucky's Wilderness Road Council identified opportunities in which girls and/or troop(s) can earn a themed patch. In order for each girl to earn a service project patch, she must donate at least one object or kit in order to qualify. However, she is not limited to giving one object or kit.

In order to participate, please bring eligible items to participating locations as listed below. We encourage girls and/or troops to research community resource centers and develop their own connections. However, if you're stuck, let us know! We'll be happy to connect you with an eligible place to donate within our community. There is no limit to how much you and/or your troop can give! Service units are encouraged to work together if interested in pooling all projects together in a drive.

We recommend that participating girls and/or troops earn no more than four of the listed patches per membership year (October 1st - September 30th).

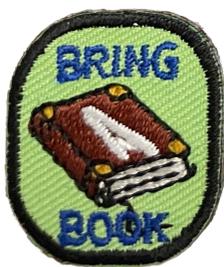


### Senior Care **Limited Time!**

Help our area seniors in need! Collect and donate items that will make their lives bright.

**Eligible items:** puzzles, hygiene items and toiletries, socks, denture care items, blankets, sugarless candy, magnifying glasses, cards, pencils/pens, stamps.

**Where can I deliver?** Nursing homes, eldercare communities, senior centers, and places of worship.



### Bring a Book

Help us bring reading to all children in our council area!

**Eligible items:** new or gently used young adult and children's books

**Where can we deliver?** Area resource centers, interested schools, and women's shelters.



### **Birthday Bash Boxes Limited Time!**

Spread the birthday cheer by throwing a party for kids in need! Work together with your troop to compile the birthday essentials: **Each kit should include:** party hats, festive decorations, goodie bag toys, and more.

**Where can we deliver?** Women's Crisis Centers, Boys and Girls Clubs, Family Resource Centers, and orphanages.



### **School Supply Care Kit**

Support local kids your age by donating the materials they need to succeed. Some kids go to school every day without a notebook or even a pencil to write with. By working together, your troop can assemble school supply care kits to give to youth in need.

**Each kit should include:** 2 pencils, 2 pens, 1 pack of crayons or markers, 1 spiral notebook or 1 pack of notebook paper, 2 folders, and 1 pair of scissors.

**Where can we deliver?** Local resource centers and schools.



### **New Troop Welcome Boxes**

Do you remember how exciting it was to start meeting with your troop? Wouldn't it be great to share that excitement with other girls like you? Work with your troop to compile basic supplies and resources to support other local troops!

**Each box should include:** 12 glue sticks, 4 bottles of glue, 3 boxes of crayons, 12 pairs of scissors, an activity sheet with a song or craft, 4 packs of markers, 1 pack of construction paper, and a welcome note signed by your troop and troop number

**Where can we deliver?** An upcoming service unit meeting or your local Girl Scout council service center.



### **Operation: Holiday Kids**

'Tis the season of giving! Celebrate the holidays by gifting local kids fun toys and necessities, and have fun with your fellow Girl Scouts while you're at it!

**Eligible items:** toys and activities, blankets, clothes.

**Where can we deliver?** Family Resource Centers, Women's Crisis Centers, Reviv Family Support Foundation, participating schools, and orphanages.



### **Wee Care Limited Time!**

Help us support families in-need! Band together with your Girl Scout sisters and welcome new babies into the world with care items.

**Eligible items:** toiletries, formula, blankets, baby food, toys, diapers (size 3-7), baby wipes, care items

**Where can we deliver?** Participating family resource centers, Care Net Pregnancy Centers, Women's Crisis Centers, and orphanages.



### **PEACE**

There are kids like you across the world who don't have basic necessities. Show your support to your community by pooling together resources to give to youth in need.

**Eligible items:** toiletries, clothes, blankets, canned food

**Where can we deliver?** Family Resource Centers, Women's Crisis Centers, and orphanages.