



Adult Health History Record

Name _____

Name of family physician _____ Phone (____) _____

Family medical/hospital insurance carrier _____ Policy or Group No. _____

Part I: Illness and Injuries (Check those that apply and give appropriate dates.)

- | | | |
|-----------------------------------|---|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Bleeding/Clotting Disorders |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart Defect/Disease | <input type="checkbox"/> Musculoskeletal Disorders |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Ear Infection | <input type="checkbox"/> Other (specify) _____ |

Date of last health examination _____

Were any complicating medical problems noted in last health examination? _____

Part II: Allergies (Check those that apply and specify nature of allergic reaction.)

- | | |
|--|--|
| <input type="checkbox"/> Animals _____ | <input type="checkbox"/> Hay Fever _____ |
| <input type="checkbox"/> Pollen _____ | <input type="checkbox"/> Food _____ |
| <input type="checkbox"/> Medicines/Drugs _____ | <input type="checkbox"/> Insect Stings _____ |
| <input type="checkbox"/> Plants _____ | <input type="checkbox"/> Other (specify) _____ |

Part III: Other Health Conditions (Check those that apply.)

- | | |
|--|--|
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Emotional Disturbances |
| <input type="checkbox"/> Hearing Impairment | <input type="checkbox"/> Special Dietary Regimen |
| <input type="checkbox"/> Motion Sickness | <input type="checkbox"/> Nose Bleeds |
| <input type="checkbox"/> Wear Glasses (Contact Lenses) | <input type="checkbox"/> Sleep Disturbances |
| <input type="checkbox"/> Sickles Cell Trait of Disease | <input type="checkbox"/> Menstrual Cramps |
| <input type="checkbox"/> Other (specify) _____ | <input type="checkbox"/> Fainting |

(If you have other health conditions, please include that information on the back of this page.)

Part IV: Immunization History

Immunization	Year Primary Series Completed	Year of Last Booster
D.T.P. (Diphtheria, Tetanus, Pertussis-whooping cough)	_____	_____
Td	_____	_____
Measles	_____	_____
Mumps	_____	_____
Rubella (German measles)	_____	_____
Oral Polio	_____	_____
Hib	_____	_____
Tuberculin Test (most recent)	_____	Result _____
Other _____	_____	_____

Please explain any items that are checked in relation to any of these health conditions.

Signature _____ Date _____